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For Healthy Schools



Lysol® Healthy Habits Lesson Plans

With today's students spending an average of 30 hours per week at school, it's essential that teachers have the tools to help reduce the spread of germs in the classroom and prevent illness-related absenteeism.

At Lysol, we are continuously seeking opportunities to educate parents, teachers and children on ways to maintain healthy classrooms, and we've created the Lysol Healthy Habits program with that aim in mind. In partnership with the National Education Association (NEA) and the National Parent Teacher Association (PTA), the Lysol Healthy Habits program includes a collection of valuable resources – developed to meet educational standards – that can help teachers educate their students on creating and promoting healthy environments in school and at home.

These customized lesson plans are available for teachers in grades K-5 and include everything from worksheets and classroom posters focusing on hand washing and good hygiene practices, to fun activities dealing with germs and the importance of nutrition and exercise for a healthy mind and body. Even the simplest lessons can make a big difference. For example, did you know that teaching proper hand washing hygiene in schools has been shown to reduce student absenteeism and family illness? No matter what age or grade the student, teachers can instill lessons in their pupils to help them understand and practice healthy habits.

Simply **click the links below** to explore and download these engaging and easy-to-navigate educational materials. Use them at schools, childcare centers, or anywhere students learn and play together!