



HEALTHY Habits

Presented by LYSOL® in collaboration with NEA and National PTA

HERE

For Healthy Schools

CLEAN HANDS are Cool!



STEP 1

STEP 1
Wet hands

Use warm water



STEP 2
Soap it up

STEP 3
Scrub, scrub, scrub!

Rub hands for 20 seconds
Hint: sing "Happy Birthday" twice OR the "ABCs"

STEP 4
Rinse well

STEP 5
Dry off

Use a paper towel

FINISH



Learn more about Healthy Habits lessons for the classroom at www.lysol.com/healthy-classroom